

Arête



Issue 4 | Philippine Olympians Association, June 2019

Welcome!

Welcome to our 4th Issue of the ARETE!

We are running full steam ahead with our Sports clinics with the street children of Childhope, finding creative ways to sustain our program until the year end!

We are also happy to share with you our activities here and abroad, and our plans for the year end, and hope to see more of our Olympians in the coming months.

If there are projects you would like to start, or the POA to be involved in please let us know, we would be most happy to look into. We value your ideas.

Email us at: Philippineolympiansassociation@gmail.com

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Childhope Sports Clinic Charges Ahead

The POA held sports clinics with the children of Childhope every month from January to May 2019, through the World Olympians Association (WOA) Service to Society grant. We were blessed to have the presence of several Olympians who gave messages of inspiration to the youth.

At our January 26 clinic, Olympic silver medalist Hidilyn Diaz OLY graced the event and spoke about the importance of “pangarap at disiplina”.

At the February 23, 2019 sports clinic, Olympians Weena Lim (Badminton) and Reynaldo Fortaleza (Boxing) spoke and distributed shoes donated by generous individuals.

These clinics have all been held at the College of St Benilde (CSB), where POA treasurer, Stephen Fernandez OLY is the Athletic Director. The children, roughly 100 in number, have been focusing on Taekwondo, Basketball, Badminton and Volleyball in preparation for their yearly Childhope Sportsfest.

POA provided 250 shirts and meals for this year’s Sportsfest held April 23-27 at the Canonigo Basketball court in Paco, Manila. In May, WOA Asia Development Manager, Jovina Choo OLY, also joined us for the first time.

The POA will continue our sports clinic till the end of the year through the generous support of the PSC. We invite all our Olympians to join us at our future clinics and experience the joy of sharing the joys and discipline of sport!



**Next clinic: 29 June
at CBS. Come join us!**

2nd World Olympians Forum

150 participants from 107 National Olympians Associations (NOAs) came together in Lausanne for the World Olympians Forum in Lausanne, Switzerland held on 15 to 17 April.

Under the theme *Olympians for Life*, the Forum reinforced the special status of Olympians as the ambassadors at the heart of the Olympic Movement, while driving forward World Olympians Association's mandate to strengthen and grow our global network of NOAs to support the needs of Olympians and empower them to spread the Olympic ideals. It also provided the opportunity to strengthen the bonds with fellow Olympian leaders in Asia.

Highlights video of the Forum can be viewed here: <https://youtu.be/Gc5-efdym6E>

Through a series of high-level workshops and plenary sessions, the Forum focussed on boosting the capabilities of NOAs so that they can better connect and engage with Olympians at a national level, and deliver programmes and initiatives that meet their needs and align with WOA's mission.

As a representative for POA, Akiko Thomson Guevara OLY attended the Forum and was one of five selected finalists to pitch for the Grants Challenge.



SEAG NOA Workshop and Olympians Gathering Coming up in December!

With the SEA Games just around the corner, the POA with the help and support of the WOA, PSC and the POC will be hosting a SEAG NOA Workshop and an Olympians Gathering tentatively scheduled on Thursday December 5, 2019 in Metro Manila.

The workshop will be run by the WOA with the goal of strengthening our relationships, learning from one another and finding ways to collaborate in future projects. All Philippine Olympians are invited to the workshop, but pre registration is required.

Following the workshop will be a gathering for all SEAG Olympians. At this reunion, OLY pins will be distributed as well as an Olympians for Life recognition. We encourage one and all to sign up, support the SEAG athletes and get to know the Olympians in our region.

To sign up or for more information, Please email us at philippineolympiansassociation@gmail.com
See you there!



Olympians and Paralympians Unite for Olympic Day (excerpted from WOA)

Under the theme unity and transformation through sports, Olympians in the Philippines have been working with their Paralympic counterparts to promote inclusion for Olympic Day.

2000 people joined celebrations at the University of the Philippines Diliman on Saturday aimed at building awareness and funds for the country's Paralympians, while also seeking to raise the profile of para-sport in society.

The event – a joint celebration between the Philippines Olympians Association (POA) and the National Olympic and Paralympic Committees – started off with a torch relay, before an Olympic Day walk was held to raise money for para-athletes. Booths were also set up promoting accessible and adapted sports, including Arnis, the national sport and martial art of the Philippines, athletics, chess and skateboarding, so people could experience how a para-athlete might take part.

Caring for the environment was also a key element of the day – during the torch relay 1,000 seedlings were distributed to participants to plant as a way to encourage everyone to respect the environment we live in. The Philippines Olympians Association also donated eight native Palawan cherry blossom trees to the university to plant on its campus.

Nine Olympians took part in activities, teaming up with Paralympians, sponsors and others to make the day a success.



“The purpose of the day was to build unity and highlight the transformative power of sport,” said **Akiko Thomson-Guevara OLY, President of the POA**. “We wanted to create a really fun event that sent a powerful message about the importance of inclusion in society and also about the need to care for and respect the environment. We were grateful to work alongside the Philippines Olympic and Paralympic Committees to achieve this.”



Join us at our upcoming events!

29 June – Childhope Sports Clinic @ College of St Benilde

5 December – Olympians Gathering during SEA Games @ Metro Manila

Contact us to sign up or for more details!

philippineolympiansassociation@gmail.com

Receive your OLY Certificate

In recognition of the accomplishments of Olympians worldwide, World Olympians Association are providing Olympians with an Olympian.org email address and a certificate of recognition with the post-nominal letters - OLY. These are available to global Olympians at no cost.

To obtain your certificate and Olympian.org email address, simply register on the WOA website: <https://olympians.org/olympians/oly/>



The POA is endeavoring to come out with quarterly newsletters which will be circulated on our Facebook page (Philippine Olympians Association) and sent out to members whose email addresses we have. If you want to be placed on the mailing list, please contact us!



News from WOA

You can find out more about WOA, global news on other Olympian Associations and much more on the WOA website: <https://olympians.org/>

You can also find information on WOA at

Facebook: [@WorldOlympiansAssociation](https://www.facebook.com/WorldOlympiansAssociation)

Twitter: [@WorldOlympians](https://twitter.com/WorldOlympians)



If you would like to get in touch with the
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